

kami guildner

Life & Leadership Empowerment Coach
**Founder of Syzygy™ Coaching and
Extraordinary Women Connect™**

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Kami Guildner is a woods-walker. A sky-gazer. A horse-lover. Raised on the wide open plains of Colorado against the majestic Rocky Mountains, wilderness fueled her soul from an early age. With a young enchanted mind, she gained an early understanding that the natural world brings clarity, provides space to dream, and opens our eyes to views of worlds unseen before us.

Her early dreams journeyed her into a wildly successful 20 year executive career. Yet, deep in her heart, she was hearing a calling for something more. Whispers. An Inner knowing. Her reconnection to this inner knowing that nature provided opened up her own world of transition – from executive to entrepreneur.

Today, Kami helps executives, entrepreneurs and truth-seekers around the world “Live Out Loud” into a passionate and meaningful life. Leading them to connect to their inner gifts, discover new meaning and new paths, her clients step into intentional action fueled with vitality and courage. In addition, Kami founded Extraordinary Women Connect™ – a series of intimate events for wildly successful women connecting in meaning, purpose and shared support.

Kami brings her many years of leadership, marketing, strategic planning and business growth expertise to her clients. She holds a BS from the University of Colorado at Denver in International Business and Marketing and is trained in Appreciative Inquiry change management methodology, holding a certificate in the Practice of Positive Change. Kami is also a certified Equine Guided Coach.

During Kami’s Talks, You Will Learn to:

- ⦿ *Take control of your crazy-busy life so you stop feeling so overwhelmed, stressed, and even lonely in all of this.*
- ⦿ *Discover a passionate and meaningful next chapter in your life that will make you the money and impact your heart desires.*
- ⦿ *Be a stronger, more confident, vibrant woman, who shines her light more brightly to the world, so you can create a ripple effect and legacy that really matters.*



Kami is an inspirational speaker that paints pictures that motivate action. She speaks from her heart and provokes her audience to think, internalize and move forward!

- Mary Ann

Kami is walking the talk...her talk...and that means a lot. She is passionate about inspiring people to find their next life path. And when she's passionate about me, it's hard not to get passionate about myself.

- Andrea





Kami is powerfully authentic in how she connects with her audience; she is a generous "giver" of her expertise, every time!

- Rita

Kami's goal setting talks are content-rich, passionate and inspirational – using experiences from her own life to guide participants through reflective steps toward making their own wildest dreams become realities.

- Dana

Kami's gentle and inspiring style creates a safe place where her audience can explore their deepest desires and build courage to live into their passions.

- Sarah



inspirationally uplifting

Awaken your Inner Fire

Are you ready to ignite passion, purpose and meaning into your work and life? Shine a light on your gifts and talents and tune into the part of your work you

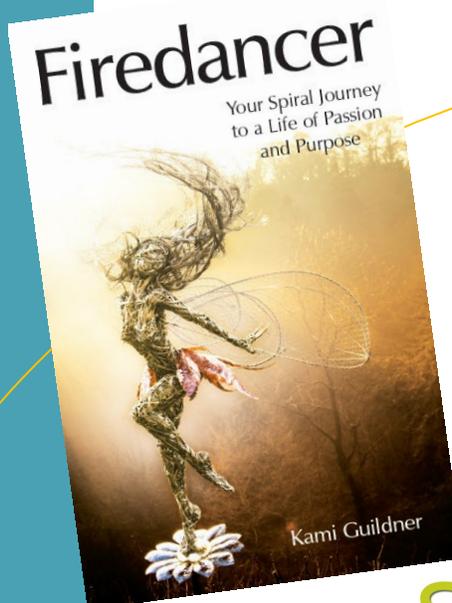
love most! Kami will help you explore what brings a fire to your life and help you tune into what your heart wants you to know! You'll jumpstart your year with a **Yes-to-You** intention! No playing small allowed! This is your year!

The Art of Balancing Life and Work

Ah, but it's all life! How do you intertwine passions, responsibilities and personal joy. This interactive workshop will help you incorporate new principles of balance in your life. You'll learn how you can juggle and balance all the responsibilities that life brings you, and still find time to take care of that most important person: YOU!

Engaging the Spirit of the Horse on your Journey to YOU!

Aligning your passions. Living with intent. Come learn how horses can guide you to uncover your own brilliance and ignite the fire to set new paths in your life. Bringing the horse into the personal transformation process is a powerful and experiential path to help people learn more about themselves.



Kami is author of *Firedancer: Your Spiral Journey to a Life of Passion and Purpose* and *Pony Ponderings Daily Inspiration Cards*.



Igniting Passion. Purpose. Meaning.™

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